



Media Release

Monday, October 24th, 2016

CELEBRATING COMMUNITY GARDENING THIS SPRING

The social, environmental and health benefits of being involved in community gardening will be celebrated next month with a bus tour in Launceston.

Organised by NRM North with funding support from the Australian Government's National Landcare Programme, the bus tour will visit five community gardens across Launceston and give visitors the opportunity to hear from the gardeners themselves.

Topics will include the role and uses of Tasmanian native plants in urban gardens, tips and tricks, rainwater harvesting and other new techniques being trialled.

One of the community gardens is even home to an exciting enterprise which provides work experience and post-school transition pathways for young people with disabilities.

NRM North Facilitator, Megan Dykman, said the gardens were a vibrant and exciting place to be this spring.

"Some of the gardens have been around for years, while others are fairly new, but all act as great hubs for the community and promote ideas of sustainability and healthy living."

West Tamar Council Community Development Officer, Kaitlin Roach, said the Windsor Community Garden, open since spring 2015, was an important recreational resource.

"The garden contributes to social inclusion, health and wellbeing - we have seen our members being more active and making new friends as a result," Ms Roach said.

"Not only is it a positive experience for our retired members or those who stop by after work, but it is also an exciting outdoor learning opportunity for our youngest members from local early learning providers."

The bus tour is open to all community members and is supported by the West Tamar Council and Lee's Coaches.

The tour will depart from Windsor Community Centre (1 Windsor Drive, Riverside) at 9:00 am on Tuesday 1st November and will return at 12:50 pm for a free BBQ lunch, followed by a tour of the Windsor Community Garden. The event will conclude at 2:00 pm.

The cost of the event is \$5 on the day (toward bus hire) and RSVPs to NRM North at 6333 7777 or admin@nrmnorth.org.au are essential.

Ends

For more information, contact:
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